

# PRESS ON!

SUNDAY, JANUARY 01, 2006

## A BALANCED-LIFE

### SELF

- THE FOUNDATION

### FAMILY

- THE PEOPLE

### RELIGION

- THE STRENGTH

### EDUCATION

- THE KNOWHOW

### RECREATION

- THE RELAXATION

### FINANCE

- THE RESOURCE

## WITH SPECIAL THANKS TO

- Mr Lam Wai Kee (Boss)
- Mr Yang (Trainer)
- Mr Mark Kuah (QBE)
- Mr Eddie Tan (NTUC)
- Dr Francis Tay
- Lim Peng Huay
- Tan Thiam Hock
- Low Yee Leong
- Veron Ho
- Casey Lim
- Lim Liang Kuang

## MY LIFE EXPERIENCE 2005

This is my 29th New Year; and if I were to count from the day I was born, I have already lived for 10,345 days. When the next 10,345 days elapse, I would be a 58 old man then.

Chenghoo@28 has enjoyed 2005 in many ways that I am very impressed upon. Worry-free days as such are simply too good to have, indeed =)

I have the world of freedom to do whatever I wish to do and in my preferred order.

When I mention no time, it just means I cannot manage it, that's all. Isn't it a fact that everyone has THE time to do whatever he/she likes to do?

Single & unattached, staying independently renting a living room equipped with a laptop and a Pentium 4 multimedia computer, with 5.1 sound surround, for songs, dvd movies and gaming. To ensure quality sound production, I have duly installed a \$225 sound card ;)

To cut traveling time, I have shifted, opposite to my dance studio (with 25 min bus to office). Twice a week totaling 6 hours, I could practice ball-room dancing. I am already 4 years into the basic courses (but 1st year in the intermediate courses), hence, its natural to enjoy coaching the newly joined NUS ladies to dance ;)

Once a week, I will do an hour of dawn or night jog in my full white sport outfit. Sometimes, I play pool with friends with my named "Black Widow" cue. Very interestingly, just last month, there is a pool saloon opened near the dance studio!

I had my Japanese class on every Sunday 10.00-11.30am; it has become more like a tradition for me to have Japanese a lesson every week.

Still remember my first Japanese class... it was during my first NUS semester break and now I am already graduated for more than 3 years...

**"Isn't it a fact that everyone has THE time to do whatever he/she likes to do?"**



This is how the living room I rented looks like. If I am not sleeping, I will be sitting at my workstation most of the time.

## "YOU'VE GOT TO FIND WHAT YOU LOVE IN LIFE."

After class, if I decide not to work, I will then do some shopping at Library@Orchard. It's absolutely free and I can walk away with hundreds worth of books without having to pay!

There is this Café Galilee in the library and I thought it is indeed a great idea to coffee.

Twice a month, I would go back home Malaysia to spend the remaining Sunday chatting

with my mum and dad or watching VCD, with my sisters, lying around in the living hall.

Hmm... I have a very unique urge to having supper every night around 12 to 1am before I sleep. Not instant noodle pls.

No weight issue as my BMI falls between 18.5 and 19.0. It makes sense to stay healthy and enjoy as long as possible rather than suffer later shortly.



Sunday cycling at Pulau Ubin, my first visit this small island!

**“PLAN YOUR LIFE, LIVE YOUR PLAN.”**

My faithful hobby is to get organized and become more organized. Unlike cleaning, maintaining order improves efficiency of searching in daily living . My Documents too, must fall into places.

I love doing website when I felt down and the pages at <http://www.chenghoo.com> are creations out of frustration, not too bad after all ;)

The most intellectual time of every week is the training I have on sacred Wednesday 2 to 6pm. Although the training is in insurance context, there within we learn about

life from Mr Yang@58; for he has lived twice the amount of days I have lived so far.

Most of the time I work. When I do, I am very particular about it. As perfectionist, I leave no room for any competition when completes.

I usually do not pursue any individual since my approach in planning may not suit everyone and it could be better for others to come in.

In order to enjoy my work, I need to find and work with people who can somehow appreciate my style in doing.

I also like to have fun with digital graphics using Adobe Photoshop. And this is really my long time favorite. It is from books that I regularly upgrade my skill in editing.

All the 3000 photos in my site are touched-up photos.

I enjoy looking at friend's thumbnail on MSN and photos at Friendster.com. At times, I do offer to enhance upon the nice shots taken.

Unlike 2004, I studied very hard for my JLPT2 paper, during December 2005.



One petite lady who I met at a friend's wedding. Later I found her at Friendster and added her to MSN Chat .

**“FAILURE TO PLAN IS PLANNING TO FAIL.”**

I will need to prepare my resume to apply for job in Japan. The current resume I have is the one I drafted for industrial attachment NUS .

What is most special in 2005 is I have planned to go backpack Japan in 2004.

Initially I have given up this plan for my partner has given up. With the blessing from God, I met Realm at Prudential Roadshow and we had a great time, Japan. Realm is a stranger and we started talking when he was waiting at Jurong East MRT.

One unusual experience I had in 2005 is that I had a Floor Dinner in October.

While I am renting a living room, there is this young couple staying at the room. One fine day, they invited 3 friends to hop in and she cooked dinner for all of us.

Since we only have 2 chairs so we ended up putting newspaper on the floor, gathering the dishes, eating.

I remembered once during a Human Resource tutorial class in NUS, I was the

one who proposed: work is life and life is work. This is how I had lived mine, 2005.

Chenghoo@29 is going to be different because I promised my Dad in 2004 that I will be helping him in 2006 for the apparent reason that my bond will be then served.

Insurance has taught me a lot about people in these 3 years, following my graduation. I practice how to communicate more consciously and I learn to discipline my time, working as planned.

**“My best service is to advise when we meet; and to make all co-preparation of ways to improve the PLAN”**

**“A LIFE LIVED FOR OTHERS IS A LIFE WORTHWHILE.”**

Besides more frequent traveling than before, there could be a possibility, 2006, that I drop by Japan for 12 to 15 months for a very simple objective, i.e. to giving myself an opportunity to speak and write Japanese .

For my beloved clients, I apologize for the inconvenience. Having said that, if we have spent sufficient time completing your financial plan, my absence should not concern you in anyway.

My best service is to advise when we meet; and to make all the co-preparation of ways to improve the plan.

If you are looking for Adviser, handful clients actually asked me to present my own insurance plan, and I reckon this is a good way to identify the few good Advisers from the pool of Agents.

Golf, I will be learning it this year together with my Dad at some of the club

houses. The best part is, my Dad will be paying for it and I just have to get myself an affordable golf set, hee hee

If I still can manage, with my Japanese Tuition starting in 14 January 2006, \$50/hr for 4 hours a month, I really would like to attempt the business insurance paper & investment paper for future.

I believe, 2006 is going to be a more exciting and challenging year than 2005.



Some renovation work going on. Mum decided to expand the living hall by 2 meters...

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**LIM CHENG HOO**

Email: [chenghoo@yahoo.co.jp](mailto:chenghoo@yahoo.co.jp)  
MSN: [chenghoo@hotmail.co.jp](mailto:chenghoo@hotmail.co.jp)  
Phone (Singapore): +65 9772 4735  
Phone (Malaysia): +60 12 7255 180

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## MEMORABLE EVENTS OF 2005

### June

Shifting Geyland Bahru  
TKA Test (2nd Attempt)

### July

DifferWorld Intro Talk  
Votre Soiree Guild NUS  
Nutrition Workshop Furama  
PC Mainboard Burned (2x)  
Laptop Hard Disk Crashed

### August

CVI Basic Sales Training  
Backpack in Japan

### September

Awana Boot Camp Genting  
Singapore Poly Roadshow  
Herbal Workshop SP  
My Birthday Family Dinner

### October

Final Sprint The Rock  
Business Insurance Xerox  
Jurong Institute Alumni  
Floor Dinner @ Room  
Coffee New Manulife Mylene  
CVI Graduation Night  
Geyland Night Walk

### November

Dinner Mr Yang Park Mall  
Settler Restaurant Games  
Salsa Night Amara  
Waikiet's Wedding Raffles H  
Chengyu from Brunei Here

### December

JLPT2 Examination Bugis  
Education Conference (X)  
Kenneth's Wedding Shangri  
Dr Tay's Christmas Party  
Mr Lam's Christmas BBQ  
Christmas Morning Gather

### January

Goal Setting Austin Hill  
Flying Start The Rock  
Sunday Cycling Pulau Ubin

### February

New Year House Cleaning  
Inoare Entrance Test

### March

Kwek's Workshop SPC  
Ziren's Wedding Daiman

### April

Dinner New AIA Yiwen  
Grandma Heart By-pass

### May

Family Camp Summerset  
Nano-Tech Conference  
Achiever Congress  
Everest Sport Day  
Amway Rally  
Met Nice Guy Joseph Lim



My three younger sisters.  
They were shopping at Taka  
where this shots were taken.